



## WORKSHOP ON



## PSYCHOTHERAPY IN INDIA: CONCEPTS AND PRACTICES

### ORGANISED BY

DEPARTMENT OF PSYCHOLOGY & IQAC, BASANTI DEVI COLLEGE  
IN COLLABORATION WITH  
DEPARTMENT OF PSYCHOLOGY, MURALIDHAR GIRLS' COLLEGE

### -- RESOURCE PERSONS --



**Dr. Ria Das**  
Consultant Psychologist,  
Art and Play based Therapist,  
Founder of Emojar &  
Speak It Out  
Mind Wellness Studio

Wednesday,  
March 26th, 2025



**Prof. Rakhi Sengupta**  
Counselling Psychologist &  
Psychotherapist  
Faculty, Dept. of Psychology  
Muralidhar Girls College

11.30am - 4pm  
College Auditorium



# BASANTI DEVI COLLEGE

Established in 1959  
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Date:21/03/2025

## NOTICE

### Department of Psychology

We are pleased to announce a workshop on “**Psychotherapy in India: Concepts and Practices**” to be held on **26<sup>th</sup> March, 2025 (Wednesday)** from **11:30 a.m. to 3:30 p.m.** at college auditorium, in collaboration with IQAC, Basanti Devi College and Department of Psychology, Muralidhar Girls' College.

The resource persons of this workshop are:

- 1. Dr. Ria Das, Consultant Psychologist, Art & Play Therapist,  
Founder of EMOJAR & Speak-it-Out Clinic (12-1:30 p.m.).**
- 2. Prof. Rakhi Sengupta , Psychotherapist & Clinical Psychologist,  
Faculty of Department of Psychology, Muralidhar Girls' College.  
(Session 2:00pm - 3:30pm)**

All teachers, non-teaching staff, and students are cordially invited to participate, experience and learn some mental health and well-being practices.

*Moumita Ghosh*  
Prof. Moumita Ghosh  
HOD, Psychology  
Basanti Devi College

*Indrila Guha*  
Dr. Indrila Guha  
Principal  
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